

# FEBRUARY 2012 MIDDLE / HIGH SCHOOL LUNCH MENU

Mon	Tue	Wed	Thu	Fri
CHOICE OF SKIM MILK, LOW-FAT MILK OR LOW-FAT CHOCOLATE OR LOW-FAT STRAWBERRY MILK		Creamed Chicken & Biscuits 1 Mashed Potatoes and Corn Chicken Enchilada with Frijoles and Mexican Rice Veggies with Dip Fresh or Chilled Fruit / Juice	Early Dismissal 2 Brunch for Lunch Pancakes, Syrup, Ham, Eggs Applesauce and Juice	Big Daddy Pizza 3 Salad / Veggies with Dip Tuna Salad Hoagie Fresh or Chilled Fruit Juice
Chicken Tender Salad with 6 Romaine Lettuce & Bread Sticks Club Hoagie with Ham, Turkey, Cheese & Bacon / Condiment Bar Assorted Veggies & Dip Fresh or Chilled Fruit / Juice	Spaghetti with Meat Balls 7 Free Choice Salad Spicy Southwest Chicken Wrap with Salsa / Corn Fresh or Chilled Fruit Juice	Asian Chicken with Fried Rice and 8 Fresh Broccoli 2 Hot Dogs with French Fries and Baked Beans Fresh or Chilled Fruit Juice	Nacho Bar 9 Meat Ball Hoagie Free Choice Salad Fresh or Chilled Fruit Juice	Stuffed Crust Pizza 10 Potato Crusted Fish Sticks with Potato Pancakes and Coleslaw Fresh or Chilled Fruit Juice
Hot n' Spicy Chicken Breast 13 Salad Baked Italian Hoagie with Condiment Bar Fresh or Chilled Fruit Juice	Oriental Lo Mein Noodles with 14 Chicken and Veggies Open Faced Steak & Gravy Sandwich With French Fries and Corn Free Choice Salad / Veggies & Dip Fresh or Chilled Fruit / Juice	Chicken Tenders with Mashed 15 Potatoes, Gravy and Green Beans Pulled Pork Hoagie with Onion Rings And Coleslaw Fresh or Chilled Fruit Juice	Nacho Bar 16 Grilled Cheese Sandwich with Tomato Soup Assorted Veggies Fresh or Chilled Fruit Juice	Personal Pan Pizza 17 Ham, Turkey & Cheese on Pretzel Bun Assorted Veggies with Dip Free Choice Salad Fresh or Chilled Fruit Juice
20  NO SCHOOL <b>PRESIDENT'S DAY</b>	21  NO SCHOOL IN-SERVICE DAY	Hot Turkey Sandwich with Mashed 22 Potatoes and Corn Buffalo Popcorn Chicken with French Fries Celery Sticks with Dip Fresh or Chilled Fruit Juice	Nacho Bar 23 Wholegrain Stuffed Bread Sticks with Dipping Sauce Steamed Italian Vegetables Fresh or Chilled Fruit Juice	Big Daddy Pizza 24 Fresh Fish Hoagie Salad Fresh or Chilled Fruit Juice
Double Burger with French Fries 27 Chicken Tender Salad with Mixed Greens Bread Sticks Fresh or Chilled Fruit Juice	Chicken Pasta Primavera with 28 Butter Cheese Sauce Homemade Roll Italian Hoagie with Sun Chips Condiment Bar Fresh or Chilled Fruit / Juice	Chicken Nuggets with Mashed 29 Potatoes, Gravy and Corn Whole Wheat Bun Turkey Wrap with Lettuce & Tomato And Chicken Noodle Soup Fresh or Chilled Fruit / Juice	ALL BREADS AND BUNS ARE WHOLE WHEAT WHITE  SUB BUNS ARE WHITE OR WHOLE WHEAT	NACHO BAR INCLUDES: MEAT, CHEESE, VEGETABLES AND TORTILLA CHIPS