

SEPTEMBER 2022

Meal Prices Adults \$4.05 Students Free

[Elementary]

Friday Tuesday Monday Wednesday **Thursday Macho Nacho Grande Bacon** 29 Big Daddy's Pizza Spaghetti 31 Mexican Fiesta Rice Steamed Broccoli Cheeseburger **Chicken Tenders** and Meatballs Mixed Fruit **Orange Slices** French Fries Garlic Breadstick McCain French Fries Choice of Milk Choice of Milk **Green Beans** Fresh Fruit and Veggies Fresh Fruits and Veggies Fresh Apple Choice of Milk Choice of Milk Choice of Milk No School State Fair Mini Corn Dog Macho Nacho Grande 8 Stuffed Crust Pizza **Orange Chicken** Steamed Broccoli and Romaine Salad Mexican Fiesta Rice Steamed Rice Fresh Banana Carrots Mixed Fruit Steamed Broccoli Choice of Milk Fresh Fruit Choice of Milk Fresh Fruit and Veggies Choice of Milk Choice of Milk Italian Hoagie Rounder 1/1 Macho Nacho Grande 15 12 Big Daddy's Pizza **Brunch for Lunch Chicken Patty** Pancakes, Sausage Patty Mexican Fiesta Rice Steamed Broccoli Sun Chips WG Bun, Mixed Fruit Ore Ida Hash Brown **Orange Slices** Fresh Fruits and Veggies Tater tots Choice of Milk Choice of Juice Choice of Milk **Buttered Corn** Choice of Milk Mixed Fruit Cocktail Choice of Milk Choice of Milk Stuffed Crust Pizza 23 Super Pretzel w/Cheese 16 Creamed Chicken and 20 Macho Nacho Grande 99 21 Mustang & Tyson Chicken Nuggets **Biscuit** Cheeseburger Mexican Fiesta Rice Romaine Salad **Celery Sticks** Mashed Potatoes French Fries Mixed Fruit Fresh Banana Diced Peaches, veggie Fresh Fruits and Veggies Choice of Milk Choice of Milk **Apple Sauce** Choice of Milk Choice of Milk Choice of Milk and Juice Roasted Pork and Gravy 277 Spaghetti and Meatballs 28 Mustang Macho Nacho Grande 29 Big Daddy's Pizza 30 Mashed Potatoes **Garlic Breadstick** Cheeseburger Mexican Fiesta Rice Steamed Broccoli French Fries **Green Beans** Green Beans Mixed Fruit **Orange Slices** Fresh Apple Fresh Fruits and Veggies Fresh Apple Choice of Milk Choice of Milk Choice of Milk Choice of Milk Choice of Milk

We are currently hiring substitutes for all positions including: teaching, aides, secretaries, café, custodial, and maintenance departments. Contact Kim Pegg at 724-437-2821 or visit us online at www.lhsd.org.

Laurel Highlands School District is an E.O.E.

Elementary Daily Lunch Meal Minimum
Requirements

Meat/Meat Alternate—1 oz.

Vegetables—3/4 cup Fruits—1/2 cup Grains—1 oz. Milk -1 cup