

Monday

Mustang Cheeseburger 29
French Fries
Fresh Fruit and Veggies
Choice of Milk

No School 5


Pizza Burger 12
French Fries
Fresh Fruit and Veggies
Choice of Milk

Tyson Chicken Drumsticks 19
Buttered Egg Noodles
Peas and Carrots
Fresh Fruit and Veggies
Choice of Milk

Baked Italian Hoagie 26
French Fries, Green Beans
Fresh Fruit and Veggies
Choice of Milk

Tuesday

Orange Chicken 30
Steamed Rice
Steamed Broccoli
Fresh Fruit and Veggies
Choice of Milk

General Tso's Chicken 6
Steamed Rice,
Steamed Broccoli
Fresh Fruit and Veggies
Choice of Milk

Orange Chicken 13
Steamed Rice
Steamed Broccoli
Fresh Fruit and Veggies
Choice of Milk

General Tso's Chicken 20
Steamed Rice,
Steamed Broccoli
Fresh Fruit and Veggies
Choice of Milk

Orange Chicken 27
Steamed Rice
Steamed Broccoli
Fresh Fruit and Veggies
Choice of Milk

Wednesday

Spaghetti and Meatballs 31
Garlic Breadstick
Green Beans, Fresh Apple
Choice of Milk

Chicken Sandwich 7
French Fries
Fresh Fruit and Veggies
Choice of Milk

Tyson Chicken Tenders 14
French Fries
Fresh Fruit and Veggies
Choice of Milk

Meatball Hoagie 21
French Fries
Green Beans
Fresh Fruit and Veggies
Choice of Milk

Bacon Cheeseburger 28
French Fries
Fresh Fruit and Veggies
Choice of Milk

Thursday

Berks Double Dogs 1
Tater Tots, Baked Beans
Fresh Fruit and Veggies
Choice of Milk

Toasted Grilled Cheese 8
Tomato Soup, Sun Chips
Fresh Fruit and Veggies,
Choice of Milk

Grilled Chicken Sandwich 15
Mashed Potatoes w/gravy
Gr. Beans, Mixed Fruit
Choice of Milk and Juice

Creamed Turkey and Biscuits 22
Mashed Potatoes w/gravy
Green Beans, Fresh Fruit
Choice of Milk

Tyson Popcorn Chicken 29
Soft Pretzel with cheese
Fresh Fruit and Veggies
Choice of Milk

Friday

Nacho Grande 2
(Meat, Cheese and Salsa)
Refried Beans/ Steamed Corn
Apple Slices
Choice of Milk

Walking Taco 9
Steamed Corn
Black Beans
Fresh Banana
White Milk

Crunchy Beef Taco 16
Steamed Corn
Refried Beans
Apple Sauce
White Milk

BBQ Chicken Quesadilla 23
Salsa, Sour Cream
Tortilla Soup
Fresh Fruit and Veggies,
Choice of Milk

Soft Beef Taco 30
Steamed Corn
Refried Beans
Apple Sauce
White Milk

We are currently hiring substitutes for all positions including: teaching, aides, secretaries, café, custodial, and maintenance departments. Contact Kim Pegg at 724-437-2821 or visit us online at www.lhsd.org.
Laurel Highlands School District is an E.O.E.

High School Daily Lunch Meal Minimum Requirements

Meat/Meat Alternate—2 oz. Vegetables—1 cup
Fruits—1 cup Grains—2 oz. Milk—1 cup

Middle School Daily Lunch Meal Minimum Requirements

Meat/Meat Alternate—1 oz. Vegetables—3/4 cup
Fruits—1/2 cup Grains—1 oz. Milk—1 cup