

Monday

Choice of: **2**
Breakfast Sandwich or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Choice of: **9**
Breakfast Sandwich or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Choice of: **16**
Breakfast Sandwich or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Choice of: **23**
Breakfast Sandwich or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

No School

30

Tuesday

Choice of: **3**
Pillsbury Pancakes or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Choice of: **10**
Pillsbury Pancakes or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Choice of: **17**
Pillsbury Pancakes or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Choice of: **24**
Pillsbury Pancakes or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Choice of: **31**
Pillsbury Pancakes or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Wednesday

Choice of: **4**
Dutch Waffle/Pancakes
or choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Choice of: **11**
Dutch Waffle/Pancakes
or choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Choice of: **18**
Dutch Waffle/Pancakes
or choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Choice of: **25**
Dutch Waffle/Pancakes
or choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Choice of: **1**
Dutch Waffle/Pancakes
or choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Thursday

Choice of: **5**
Breakfast Pizza or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Choice of: **12**
Breakfast Pizza or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Choice of: **19**
Breakfast Pizza or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Choice of: **26**
Breakfast Pizza or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Choice of: **2**
Breakfast Pizza or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Friday

Choice of: **6**
French Toast Sticks or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Choice of: **13**
French Toast Sticks or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Choice of: **20**
French Toast Sticks or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Choice of: **27**
French Toast Sticks or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Meal Pattern Requirements

1 oz. Grain or 1 oz. or Meat/Meat Alternate
1 cup Fruit or Vegetable
8 Fluid ounces Milk

Monday

Mustang Cheeseburger

2

French Fries
Fresh Fruits and Veggies
Choice of Milk

Tuesday

Brunch for Lunch

3

Pancakes, Sausage Patty
Ore Ida Hash Brown
Choice of Juice
Choice of Milk

Wednesday

Chicken Nuggets

4

WG Dinner Roll
Mashed Potatoes/Gray
Fresh Fruits and Veggies
Choice of Milk

Thursday

Macho Nacho Grande

5

(meat, cheese, lettuce, salsa)
Assorted Vegetables
Assorted Fruit
Choice of Milk

Friday

Schwann's Cheesy Pizza

6

Romaine Salad
Fresh Banana
Choice of Milk

Popcorn Chicken

9

McCain Tater Tots
Fresh Fruits and Veggies
Choice of Milk

Spaghetti and Meatballs

10

Garlic Breadstick
Green Beans
Fresh Apple
Choice of Milk

State Fair Mini Corn Dog

11

Steamed Broccoli and Carrots
Fresh Fruit Choice of Milk

Macho Nacho Grande

12

(meat, cheese, lettuce, salsa)
Assorted Vegetables
Assorted Fruit
Choice of Milk

Big Daddy's Stuffed Crust Pizza

13

Steamed Broccoli
Orange Slices
Choice of Milk

Chicken Patty

16

WG Bun,
Tater tots
Buttered Corn
Mixed Fruit Cocktail
Choice of Milk

No School

17

Italian Hoagie Rounder

18

Sun Chips
Fresh Fruits and Veggies
Choice of Milk

Macho Nacho Grande

19

(meat, cheese, lettuce, salsa)
Assorted Vegetables
Assorted Fruit
Choice of Milk

Schwann's Cheesy Pizza

20

Romaine Salad
Fresh Banana
Choice of Milk

23

Manager's Choice

24

Manager's Choice

25

Manager's Choice

26

Manager's Choice

27

Manager's Choice

No School

30



31

Manager's Choice

1

Manager's Choice

2

Manager's Choice

Elementary Daily Lunch Meal Minimum Requirements


Meat/Meat Alternate—1 oz.
Vegetables—3/4 cup Fruits—1/2 cup
Grains—1 oz. Milk—1 cup



MAY/June 2022

[Secondary]

Meal Prices: Student: Free Adult: \$3.50
Assorted Pizza, Sandwiches, Wraps, and Salads are available daily.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|--|
| Italian Hoagie Rounder 2 Sun Chips Fresh Fruits and Veggies Choice of Milk | Orange Chicken 3 Steamed Rice, Steamed Broccoli Fresh Fruit and Veggies, Choice of Milk | Tyson Chicken Tenders 4 French Fries Fresh Fruit/Veggies Choice of Milk | Spaghetti and Meatballs 5 Garlic Breadstick Green Beans Fresh Apple Choice of Milk | Nacho Grande 6 (Meat, Cheese and Salsa) Refried Beans/ Steamed Corn Apple Slices, Choice of Milk |
| Tyson Popcorn Chicken 9 Soft Pretzel with cheese Fresh Fruit and Veggies Choice of Milk | General Tso's Chicken 10 Steamed Rice, Steamed Broccoli Fresh Fruit and Veggies Choice of Milk | Mustang Cheeseburger 11 French Fries Fresh Fruits and Veggies Choice of Milk | Creamed Chicken and Biscuit 12 Mashed Potatoes Diced Peaches, veggie Choice of Milk | Nacho Grande 13 (Meat, Cheese and Salsa) Refried Beans/ Steamed Corn Apple Slices, Choice of Milk |
| Tyson Chicken Patty 16 French Fries Buttered Corn Mixed Fruit Cocktail Choice of Milk | No School 17 | Spaghetti and Meatballs 18 Garlic Breadstick Green Beans Fresh Apple Choice of Milk | Tyson Chicken Tenders 19 French Fries Fresh Fruit/Veggies Choice of Milk | Nacho Grande 20 (Meat, Cheese and Salsa) Refried Beans/ Steamed Corn Apple Slices, Choice of Milk |
| Manager's Choice 23 | Manager's Choice 24 | Manager's Choice 25 | Manager's Choice 26 | Manager's Choice 27 |
| No School 30  | Manager's Choice 31 | Manager's Choice 1 | Manager's Choice 2 | |

High School Daily Lunch Meal Minimum Requirements

Meat/Meat Alternate—2 oz. Vegetables—1 cup
Fruits—1 cup Grains—2 oz.
Milk – 1 cup

We are currently hiring substitutes for all positions including: teaching, aides, secretaries, café, custodial, and maintenance departments. Contact Kim Pegg at 724-437-2821 or visit us online at www.lhsd.org.
Laurel Highlands School District is an E.O.E.

Middle School Daily Lunch Meal Minimum Requirements

Meat/Meat Alternate—1 oz. Vegetables—3/4 cup
Fruits—1/2 cup Grains—1 oz.
Milk – 1 cup