

**Monday**



**Breakfast Sandwich 6**  
 or  
 Choice of Cereal  
 Choice of fresh fruit or Juice  
 Choice of Milk

**Breakfast Burrito 13**  
 or  
 Choice of Cereal  
 Choice of fresh fruit or Juice  
 Choice of Milk

**No School 20**  


**Breakfast Sandwich 27**  
 or  
 Choice of Cereal  
 Choice of fresh fruit or Juice  
 Choice of Milk

**Tuesday**



**Pillsbury Pancakes 7**  
 or  
 Choice of Cereal  
 Choice of fresh fruit or Juice  
 Choice of Milk

**Pillsbury Pancakes 14**  
 or  
 Choice of Cereal  
 Choice of fresh fruit or Juice  
 Choice of Milk

**Breakfast Sandwich 21**  
 or  
 Choice of Cereal  
 Choice of fresh fruit or Juice  
 Choice of Milk

**Pillsbury Pancakes 28**  
 or  
 Choice of Cereal  
 Choice of fresh fruit or Juice  
 Choice of Milk

**Wednesday**

**Pancake on a Stick 1**  
 or  
 Choice of Cereal  
 Choice of fresh fruit or Juice  
 Choice of Milk

**Dutch Waffle 8**  
 or  
 choice of Cereal  
 Choice of fresh fruit or Juice  
 Choice of Milk

**Breakfast Pizza 15**  
 or  
 Choice of Cereal  
 Choice of fresh fruit or Juice  
 Choice of Milk

**Pancake on a Stick 22**  
 or  
 Choice of Cereal  
 Choice of fresh fruit or Juice  
 Choice of Milk

**Thursday**

**Cheese Stick and Muffin 2**  
 or  
 Choice of Cereal  
 Choice of fresh fruit or Juice  
 Choice of Milk

**Breakfast Pizza 9**  
 or  
 Choice of Cereal  
 Choice of fresh fruit or Juice  
 Choice of Milk

**French Toast Sticks 16**  
 or  
 Choice of Cereal  
 Choice of fresh fruit or Juice  
 Choice of Milk

**Cheese Stick and Muffin 23**  
 or  
 Choice of Cereal  
 Choice of fresh fruit or Juice  
 Choice of Milk

**Friday**

**Breakfast Pizza 3**  
 or  
 Choice of Cereal  
 Choice of fresh fruit or Juice  
 Choice of Milk

**French Toast Sticks 10**  
 or  
 Choice of Cereal  
 Choice of fresh fruit or Juice  
 Choice of Milk

**Breakfast Sandwich 17**  
 or  
 Choice of Cereal  
 Choice of fresh fruit or Juice  
 Choice of Milk

**Breakfast Pizza 24**  
 or  
 Choice of Cereal  
 Choice of fresh fruit or Juice  
 Choice of Milk



Meal Pattern Requirements  
 1 oz. Grain or 1 oz. Meat/Meat Alternate  
 1 cup Fruit or Vegetable  
 8 Fluid ounces Milk

Additional choices offered daily may include:  
 Fresh Fruit, Yogurt, Pop-tarts, Doughnuts, Muffins, Cereal, Cereal Bars, and Juice

# FEBRUARY 2023

## Elementary

Meal Prices  
Students Free  
Adults \$4.05

**Monday**



**Chicken Patty** **6**  
WG Bun,  
Tater tots  
Buttered Corn  
Mixed Fruit Cocktail  
Choice of Milk

**Super Pretzel w/Cheese & Tyson Chicken Nuggets** **13**  
Celery Sticks  
Apple Sauce  
Choice of Milk and Juice

**No School** **20**  
  
PRESIDENTS DAY

**Hot dog** **27**  
Smiley Fires  
Baked Beans  
Mixed Fruit  
Choice of Milk and Juice

**Tuesday**



**Toasted Grilled Cheese** **7**  
Tomato Soup  
Fresh Fruit and Veggies  
Choice of Milk

**Creamed Chicken and Biscuit** **14**  
Mashed Potatoes  
Diced Peaches, veggie  
Choice of Milk

**Brunch for Lunch** **21**  
Pancakes, Sausage Patty  
Ore Ida Hash Brown  
Choice of Juice  
Choice of Milk

**Creamy Baked Mac & Cheese** **28**  
Broccoli or Carrots  
Apples or bananas  
Choice of Milk

**Wednesday**

**Brunch for Lunch** **1**  
Pancakes, Sausage Patty  
Ore Ida Hash Brown  
Choice of Juice  
Choice of Milk

**Italian Hoogie Rounder** **8**  
Sun Chips  
Fresh Fruits and Veggies  
Choice of Milk

**Mustang Cheeseburger** **15**  
French Fries  
Fresh Fruits and Veggies  
Choice of Milk

**Spaghetti and Meatballs** **22**  
Garlic Breadstick  
Green Beans  
Fresh Apple  
Choice of Milk

Additional Daily Lunch Choices: Sunflower Seed Butter and Jelly, Grilled Cheese, Yo-On-The-Go  
Additional Daily Fruit & Vegetable Choices  
May Include: Apples, Oranges, Pears, Bananas, Applesauce, Peaches, Mixed Fruit, Pineapple, Fruit Jell-O,  
Fruit Juices, Tossed Salad, Coleslaw, Carrots, Celery, Cucumber Slices, Cherry Tomatoes, Cauliflower

**Thursday**

**Macho Nacho Grande** **2**  
Mexican Fiesta Rice  
Mixed Fruit  
Choice of Milk

**Macho Nacho Grande** **9**  
Mexican Fiesta Rice  
Mixed Fruit  
Choice of Milk

**Macho Nacho Grande** **16**  
Mexican Fiesta Rice  
Mixed Fruit  
Choice of Milk

**Macho Nacho Grande** **23**  
Mexican Fiesta Rice  
Mixed Fruit  
Choice of Milk

**Friday**

**Stuffed Crust Pizza** **3**  
Romaine Salad  
Fresh Banana  
Choice of Milk

**Big Daddy's Pizza** **10**  
Steamed Broccoli  
Orange Slices  
Choice of Milk

**Stuffed Crust Pizza** **17**  
Romaine Salad  
Fresh Banana  
Choice of Milk

**Big Daddy's Pizza** **24**  
Steamed Broccoli  
Orange Slices  
Choice of Milk

**Elementary Daily Lunch Meal Minimum Requirements**

Meat/Meat Alternate—1 oz.  
Vegetables—3/4 cup Fruits—1/2 cup Grains—1 oz. Milk—1 cup

We are currently hiring substitutes for all positions including: teaching, aides, secretaries, café, custodial, and maintenance departments. Contact Kim Pegg at 724-437-2821 or visit us online at [www.lhsd.org](http://www.lhsd.org).

Laurel Highlands School District is an E.O.E