

Athletics Health and Safety Plan

Dear Mustang Parents and Guardians,

The Laurel Highlands Middle School has been creating an athletics health and safety plan to ensure that our student body has the opportunity to participate in fall sports. That said, we are mindful that as long as there are cases of COVID-19 in the community, we will work diligently to keep transmission as low as possible to safely continue school activities. There are three phases that our middle school athletics are adhering to.

1. **Red Phase:** Schools remain closed for in-person instruction and no sports are allowed in counties designated in the Red Phase.
2. **Yellow** and **Green Phase:** Schools may resume sports-related activities while following a health and safety plan.

Fall Sports Coach Contact:

Mr. Hixson, Football

zachary.hixson@lhsd.org

Mrs. Mancini, Girls Soccer

brandi.mancini@lhsd.org

- Any girl going to 7th or 8th grade interested in playing soccer, please email Mrs. Mancini.
- Please include your name, grade, parent's name and phone number.
- Conditioning will begin the week of July 6 at Hutchinson Park.

Mr. Narin, Boys Soccer

mollylorraine07@hotmail.com

Mr. Palumbo, Coed Cross Country

francis.palumbo@lhsd.org

Mr. McCombie, Coed Swimming

william.mccombie@lhsd.org

Mr. Rambo, Softball-

joshuaerambo777@gmail.com

- Meeting for 7th, 8th grade girl interested will be Thursday, July 2, 2020. The meeting will take place from 3:00PM-3:30PM

TBD, Cheerleading

Fall Sports Physicals Schedule

When: July 21, 2020

Cost: \$9.00 No Cash, Checks or Money Orders Only made payable to *Centerville Clinic*.

Location: Laurel Highlands Middle School

Football: 8:15AM-9:45AM

Boys Soccer: 9:45AM-10:30AM

Girls Soccer: 10:30AM-11:15AM

Softball/Swimming: 11:15AM-12:00PM

Cheerleaders: 12:00PM-12:20PM

Open: 12:20PM- 12:40 for anyone that has a conflicting schedule.