

OCCUPATIONAL THERAPY RESOURCES

Occupational Therapy resources to assist your child at home. These sites include activities that support handwriting strategies, fine motor skills, gross motor skills, visual perception skills, executive functioning, and sensory strategies.

OT Mom Learning Activities:

<https://www.ot-mom-learning-activities.com>

The OT Toolbox:

www.theotttoolbox.com

Therapy Street for Kids:

www.therapystreetforkids.com

OT Plan:

www.otplan.com

Tools to Grow OT:

www.toolstogrowot.com

The Letters of Literacy:

<https://thelettersofliteracy.com/category/learn-to-write/>

The Sensory Spectrum:

<http://www.thesensoryspectrum.com/yoga-poses-for-kids/>

Pre-school Play and Learn:

<https://www.preschoolplayandlearn.com/alphabet/>

123 Homeschool 4 Me:

<https://www.123homeschool4me.com/home-school-free-printables/>

MamaOT:

<http://mamaot.com/fine-motor-activities-using-household-items/>

Pocket OT:

<https://www.pocketot.com/blog/>

Visual Learning for Life:

<https://shop.visuallearningforlife.com/>

Eye Can Learn:

<https://shop.visuallearningforlife.com/>

Twisty Noodle:

<https://twistynoodle.com/>

Miss Jamie O.T.:

<https://www.missjaimeot.com/>

DLTK Crafts:

<https://www.dltk-kids.com/>

Do2Learn: Educational Resources:

<https://do2learn.com/>

Your Kids OT:

<https://www.yourkidsot.com/>

The Inspired Treehouse:

<https://theinspiredtreehouse.com/resources-for-therapists/>

All Kids Network:

<https://www.allkidsnetwork.com/>