

BREAKFAST

MAY/JUNE 2023

All Schools

Meal Prices
 Adult \$2.10
 Students Free

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast Sandwich 1
 or
 Choice of Cereal
 Choice of fresh fruit or Juice
 Choice of Milk

Pillsbury Pancakes 2
 or
 Choice of Cereal
 Choice of fresh fruit or Juice
 Choice of Milk

Dutch Waffle 3
 or
 choice of Cereal
 Choice of fresh fruit or Juice
 Choice of Milk

Breakfast Pizza 4
 or
 Choice of Cereal
 Choice of fresh fruit or Juice
 Choice of Milk

French Toast Sticks 5
 or
 Choice of Cereal
 Choice of fresh fruit or Juice
 Choice of Milk

Breakfast Burrito 8
 or
 Choice of Cereal
 Choice of fresh fruit or Juice
 Choice of Milk

Pillsbury Pancakes 9
 or
 Choice of Cereal
 Choice of fresh fruit or Juice
 Choice of Milk

Breakfast Pizza 10
 or
 Choice of Cereal
 Choice of fresh fruit or Juice
 Choice of Milk

French Toast Sticks 11
 or
 Choice of Cereal
 Choice of fresh fruit or Juice
 Choice of Milk

Breakfast Sandwich 12
 or
 Choice of Cereal
 Choice of fresh fruit or Juice
 Choice of Milk

Cheddar Cheese Omelet 15
 or
 Choice of Cereal
 Choice of fresh fruit or Juice
 Choice of Milk

No School 16


Pancake on a Stick 17
 or
 Choice of Cereal
 Choice of fresh fruit or Juice
 Choice of Milk

Cheese Stick and Muffin 18
 or
 Choice of Cereal
 Choice of fresh fruit or Juice
 Choice of Milk

Breakfast Pizza 19
 or
 Choice of Cereal
 Choice of fresh fruit or Juice
 Choice of Milk

Breakfast Sandwich 22
 or
 Choice of Cereal
 Choice of fresh fruit or Juice
 Choice of Milk

Pillsbury Pancakes 23
 or
 Choice of Cereal
 Choice of fresh fruit or Juice
 Choice of Milk

Dutch Waffle 24
 or
 choice of Cereal
 Choice of fresh fruit or Juice
 Choice of Milk

Breakfast Pizza 25
 or
 Choice of Cereal
 Choice of fresh fruit or Juice
 Choice of Milk

French Toast Sticks 26
 or
 Choice of Cereal
 Choice of fresh fruit or Juice
 Choice of Milk

No School 29


30
 Manager's Choice

31
 Manager's Choice

1
 Manager's Choice

2
 Manager's Choice

Additional choices offered daily may include:
 Fresh Fruit, Yogurt, Pop-tarts, Doughnuts, Muffins, Cereal, Cereal Bars, and Juice

Meal Pattern Requirements
 1 oz. Grain or 1 oz. or Meat/Meat Alternate
 1 cup Fruit or Vegetable
 8 Fluid ounces Milk

Monday

Bacon Cheeseburger 1
French Fries
Fresh Fruit and Veggies
Choice of Milk

Tuesday

Chicken Tenders 2
McCain French Fries
Fresh Fruits and Veggies
Choice of Milk

Wednesday

Spaghetti and Meatballs 3
Garlic Breadstick
Green Beans, Fresh Apple
Choice of Milk

Thursday

Macho Nacho Grande 4
Mexican Fiesta Rice
Mixed Fruit
Choice of Milk

Friday

Big Daddy's Pizza 5
Steamed Broccoli
Orange Slices
Choice of Milk

Tyson Popcorn Chicken 8
Dinner Roll
French Fries
Fruit and Veggies
Choice of Milk

State Fair Mini Corn Dog 9
Steamed Broccoli and Carrots
Fresh Fruit
Choice of Milk

Brunch for Lunch 10
Pancakes, Sausage Patty
Ore Ida Hash Brown
Choice of Juice
Choice of Milk

Macho Nacho Grande 11
Mexican Fiesta Rice
Mixed Fruit
Choice of Milk

Stuffed Crust Pizza 12
Romaine Salad
Fresh Banana
Choice of Milk

Chicken Patty 15
WG Bun, Tater tots
Buttered Corn
Mixed Fruit Cocktail
Choice of Milk

No School 16



Italian Hoagie Rounder 17
Sun Chips
Fresh Fruits and Veggies
Choice of Milk

Macho Nacho Grande 18
Mexican Fiesta Rice
Mixed Fruit
Choice of Milk

Big Daddy's Pizza 19
Steamed Broccoli
Orange Slices
Choice of Milk

Manager's Choice 22

Manager's Choice 23

Manager's Choice 24

Manager's Choice 25

Manager's Choice 26

No School 29



Manager's Choice 30

Manager's Choice 31

Manager's Choice 1

Manager's Choice 2

We are currently hiring substitutes for all positions including: teaching, aides, secretaries, café, custodial, and maintenance departments. Contact Kim Pegg at 724-437-2821 or visit us online at www.lhsd.org.

Laurel Highlands School District is an E.O.E

Elementary Daily Lunch Meal Minimum Requirements
Meat/Meat Alternate—1 oz.
Vegetables—3/4 cup Fruits—1/2 cup Grains—1 oz. Milk—1 cup

Monday

Chicken Patty 1
Curly Fries
Baked Beans
Choice of Fruit and Veggies
Choice of Milk

Mustang Cheeseburger 8
French Fries
Fresh Fruit and Veggies
Choice of Milk

Popcorn chicken Bowl 15
(mashed potatoes, corn, gravy)
Baked Beans
Fruit and Veggies
Choice of Milk

Manager's Choice 22

No School 29



Tuesday

General Tso's Chicken 2
Steamed Rice,
Steamed Broccoli
Fresh Fruit and Veggies
Choice of Milk

Orange Chicken 9
Steamed Rice
Steamed Broccoli
Fresh Fruit and Veggies
Choice of Milk

No School 16



Manager's Choice 23

Manager's Choice 30

Wednesday

BBQ Pulled Pork 3
Dinner Roll
Mixed Fruit
Choice of Veggies
Choice of Milk

Spaghetti and Meatballs 10
Garlic Breadstick
Green Beans, Fresh Apple
Choice of Milk

Chicken Sandwich 17
French Fries
Fresh Fruit and Veggies
Choice of Milk

Manager's Choice 24

Manager's Choice 31

Thursday

Super Pretzel and Chicken Nuggets 4
Cheese Sauce
Fruit and Veggies
Choice of Milk

Berks Double Dogs 11
Tater Tots, Baked Beans
Fresh Fruit and Veggies
Choice of Milk

Toasted Grilled Cheese 18
Tomato Soup, Sun Chips
Fresh Fruit and Veggies,
Choice of Milk

Manager's Choice 25

Manager's Choice 1

Friday

Nacho Grande 5
(Meat, Cheese and Salsa)
Refried Beans/ Steamed Corn
Apple Slices
Choice of Milk

Nacho Grande 12
(Meat, Cheese and Salsa)
Refried Beans/ Steamed Corn
Apple Slices
Choice of Milk

Walking Taco 19
Steamed Corn
Black Beans
Fresh Banana
White Milk

Manager's Choice 26

Manager's Choice 2

High School Daily Lunch Meal Minimum Requirements

Meat/Meat Alternate—2 oz. Vegetables—1 cup Fruits—1 cup

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Middle School Daily Lunch Meal Minimum Requirements

Meat/Meat Alternate—1 oz. Vegetables—3/4 cup Fruits—1/2 cup Grains—1 oz. Milk—1 cup