

JANUARY 2023

All Schools

Meal Prices
Adult \$2.10
Students Free

Monday

No School 2



Winter Break

Cheddar Cheese 9

Omelet

or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

No School 16



Breakfast Burrito 23

or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Cheddar Cheese 30

Omelet

or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Tuesday

Pillsbury Pancakes 3

or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Breakfast Sandwich 10

or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Pillsbury Pancakes 17

or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Pillsbury Pancakes 24

or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Breakfast Sandwich 31

or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Wednesday

Breakfast Pizza 4

or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Pancake on a Stick 11

or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Dutch Waffle 18

or
choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Breakfast Pizza 25

or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Thursday

French Toast Sticks 5

or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Cheese Stick and Muffin 12

or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Breakfast Pizza 19

or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

French Toast Sticks 26

or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Friday

Breakfast Sandwich 6

or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Breakfast Pizza 13

or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

French Toast Sticks 20

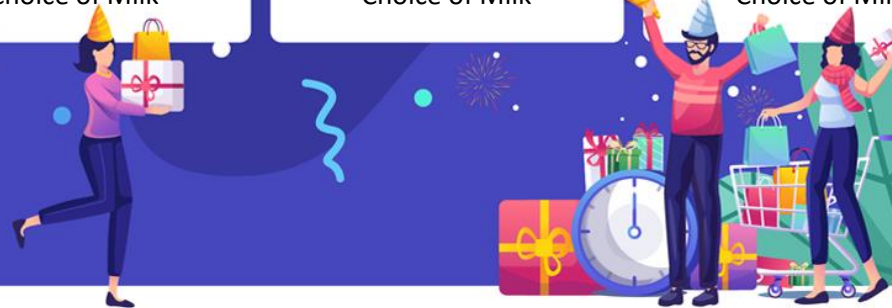
or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Breakfast Sandwich 27

or
Choice of Cereal
Choice of fresh fruit or Juice
Choice of Milk

Additional choices offered daily may include:
Fresh Fruit, Yogurt, Pop-tarts, Doughnuts, Muffins,
Cereal, Cereal Bars, and Juice

Meal Pattern Requirements
1 oz. Grain or 1 oz. or Meat/Meat Alternate
1 cup Fruit or Vegetable
8 Fluid ounces Milk



Monday

No School 2



Winter Break

Hot dog 9

Smiley Fires
Baked Beans
Mixed Fruit
Choice of Milk and Juice

No School 16



Chicken Tenders 23

McCain French Fries
Fresh Fruits and Veggies
Choice of Milk

Tyson Popcorn Chicken 30

Dinner Roll
French Fries
Fruit and Veggies
Choice of Milk

Tuesday

Brunch for Lunch 3

Pillsbury Pancakes
Sausage
Potato Wedges
Choice of Juice and Milk

Creamy Baked Mac & Cheese 10

Broccoli or Carrots
Apples or bananas
Choice of Milk

Brunch for Lunch 17

Pillsbury Pancakes
Sausage
Potato Wedges
Choice of Juice and Milk

Bacon Cheeseburger 24

French Fries
Fresh Fruit and Veggies
Choice of Milk

State Fair Mini Corn Dog 31

Steamed Broccoli and Carrots
Fresh Fruit
Choice of Milk

Wednesday

Spaghetti and Meatballs 4

Garlic Breadstick
Green Beans
Fresh Apple
Choice of Milk

Mrs. T's Pierogie's 11

Side Salad
Green Beans
Mixed Fruit
Choice of Milk

Tyson Chicken Nuggets 18

Dinner Roll
Mashed Potatoes
Veggies and Fruit
Choice of Milk

Spaghetti and Meatballs 25

Garlic Breadstick
Green Beans, Fresh Apple
Choice of Milk

Thursday

Macho Nacho Grande 5

Mexican Fiesta Rice
Mixed Fruit
Choice of Milk

Macho Nacho Grande 12

Mexican Fiesta Rice
Mixed Fruit
Choice of Milk

Macho Nacho Grande 19

Mexican Fiesta Rice
Mixed Fruit
Choice of Milk

Macho Nacho Grande 26

Mexican Fiesta Rice
Mixed Fruit
Choice of Milk

Friday

Stuffed Crust Pizza 6

Romaine Salad
Fresh Banana
Choice of Milk

Big Daddy's Pizza 13

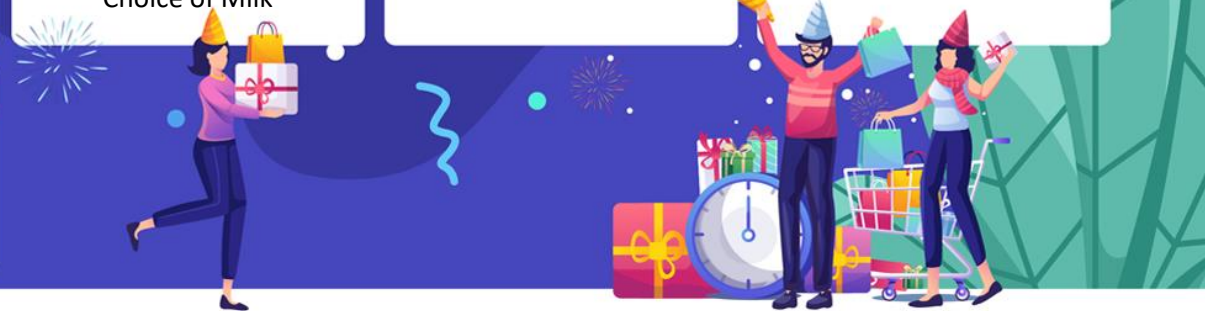
Steamed Broccoli
Orange Slices
Choice of Milk

Stuffed Crust Pizza 20

Romaine Salad
Fresh Banana
Choice of Milk

Big Daddy's Pizza 27

Steamed Broccoli
Orange Slices
Choice of Milk



Elementary Daily Lunch Meal Minimum Requirements

Meat/Meat Alternate—1 oz.
Vegetables—3/4 cup Fruits—1/2 cup Grains—1 oz. Milk—1 cup

We are currently hiring substitutes for all positions including: teaching, aides, secretaries, café, custodial, and maintenance departments. Contact Kim Pegg at 724-437-2821 or visit us online at www.lhsd.org.
Laurel Highlands School District is an E.O.E.